

# After-meal

## Les secrets de Grandgousier®

Grandgousier was the father of Gargantua and the grandfather of Pantagruel. From the mythology of Rabelais to Propolia® products, is a bit of a leap. Nonetheless since our meals can be 'Pantagruelian', Propolia® has designed a light formula tailored to your needs.



Ref: INFUDIG

## ORGANIC DIGESTIVE HERBAL TEA

*With all lightness*

A big meal or one too many slices of cake after Sunday dinner - this herbal tea will help to end the meal on a lighter note thanks to the gentle and subtle flavours of plants (Fennel, Melissa, Verbena) and of course Propolis. It maintains the sense of inner well-being.

**Main ingredients:** PROPOLIS, FENNEL, ANISEED, MELISSA, VERBENA  
**20 foil-sachet freshness teabags**

### For whom?

For those who wish to enjoy a hot drink with plants and propolis after a meal.

### How?

Steep a teabag for 8 to 10 minutes in very hot water and then enjoy with a mild honey (Rosemary, Melissa).



"Delicious"; "Very good and efficient", "Very pleasant"; "Delicious herbal tea, nice taste"; "I love its flavour !" *Several opinions received about the Digestive Herbal Tea.*



Ref: GELUPAPAO

## PROPOLIS P.A.P.A CAPSULES

*Gargantua's Papa?*

Thanks to their formula consisting of Propolis, Clay, Pollen and Seaweed, these capsules are a real gift from nature to look after your well-being during meals.

**Main ingredients:** PROPOLIS, CLAY, POLLEN, SEAWEED.  
**Presented as 80 or 180 capsules per container**

### For whom?

For those who find the post-meal feeling is often uncomfortable and who wish to remedy it with a daily supplement.

### How?

Take 4 capsules at lunch time and 4 in the evening before the main meal for one month.



Ref: GELUPAPA