

# Legs & Muscles



## Shake a leg !

Your legs are your main support during a tough day. Propolia® knows this and offers care and preventative products tailored to various situations.

## Tested and approved

### GEL FOR SENSITIVE FEET

The Gel for sensitive feet has been evaluated by consumers to gauge their satisfaction. Tested during an entire week in which 10 participants used the gel on a daily basis, this test checked by a dermatologist showed all the product qualities.

The Gel reduces foot sweating. It is an effective antiperspirant:

100%

The product is an effective foot deodoriser. It leaves the feet cool:

100%

The Gel for Sensitive feet leaves the feet feeling soothed:

9/10

The product texture is pleasant; it does not leave the skin sticky after application:

100%



Ref: CRPIEBIO

## FOOT CREAM FOR DRY SKIN

For soft feet

Enjoy soft feet again thanks to this Propolia® Foot Cream for dry feet.

The combination of its active ingredients and ultra-rich texture make this cream an ideal daily foot care product not only in Summer but all through the year. Non-greasy, it leaves your skin feeling soft and silky and releases a fresh scent of Lavender. A real restorative delight!

**Main ingredients:** ALOE VERA, SHEA BUTTER, PROPOLIS, LAVENDER  
75 ml tube

For whom ?

For people who often walk barefoot, with sandals or uncomfortable shoes and whose soles need nourishing care.

How ?

After using a pumice stone, apply the cream and massage it into the sole of each foot. Work the cream thoroughly into the heels.



"I have rarely seen a cream as efficient as this one and which is non-greasy." Feedback of a client about the Cream for Dry Feet



"I've never seen such a gel! It is unique! It smells good, penetrates really well! Its application is pleasant! My feet are soothed and relaxed after application. They feel better after an entire day of walking around. It does not stick or give any hot-cold sensation, and frankly, a really good surprise. I just love it!" Céline, a fan of the brand on Facebook, said about the Sensitive feet gel



Ref: GELPIEBIO

## SENSITIVE FEET GEL

A little comfort at the end of the day

A hard day in your shoes? Propolia® offers your feet this certified-organic gel with a deodorant and antiperspirant action as validated by a consumer panel under dermatological supervision.

Its non-sticky texture soothes hot feet and releases a pleasant scent of Mimosa flower and Lavender while a lovely refreshing sensation relaxes the soles of your feet.

**Main ingredients:** PROPOLIS, CLARY SAGE, CYPRESS, PEPPERMINT, HAMAMELIS, ARNICA

75 ml tube

For whom ?

For those whose feet get too hot or spend long days in shoes.

How ?

Apply the cream and gently massage into the sole of the foot and then more intensively between the toes.



## GEL FOR LIGHTER FEELING LEGS

*What a relief!*

This Gel has the same purpose as the Circulatory Boosting Complex and can complement it - to get rid of the feeling of heaviness in the legs.

Apply the gel at the end of the day and it will instantly refresh and relieve the legs. The Red Vine helps them to feel revitalised.

**Main ingredients:** PROPOLIS, GINGKO, RED VINE, PEPPERMINT, CYPRESS, BUTCHER'S BROOM, EUCALYPTUS

100 ml tube

*For whom?*

For people who spend long days standing, sportspeople, or simply people whose legs need some reviving.

*How?*

Apply a dollop of gel on each leg and softly massage from bottom to top.

Ref: GELJAMBIO



## JOINT FIT CAPSULES

*Beehive, vegetable and marine ingredients*

For the well-being of your joints, here is a combination of beehive (Propolis), vegetable (Harpagophytum, Horsetail...) and marine ingredients (Lithotamnion, Chondroitin, Glucosamine).

Propolia® has designed this formulation highly concentrated in popular and natural ingredients which are a source of Vitamin C (contributing to the normal collagen formation which ensures the normal function of bone and cartilage).

**Main ingredients:** PROPOLIS, HARPAGOPHYTUM, FIELD HORSETAIL, CHONDROITIN, GLUCOSAMINE, LITHOTHAMNION

90 capsules container - for 1 month use

*For whom?*

For those whose joints feel weak and seek a good balance through their diet.

*How?*

Take 3 capsules per day, preferably during meals.

Ref: GELUARTICUL



"It's great! It smells nicely of mint and refreshes (...), it has the effect of giving the legs a light feeling and it doesn't stick!" *Clochette Beauty said on Instagram, about our Gel for Lighter Feeling Legs*



"After 15 days of use, I do not feel any "heavy leg" pain any longer at the end of the day." *A client said about the Circulatory Boosting Complex*



# COMING SOON...

Check in on our website and social networks as we have some nice surprises.

Inspired from the ayurvedic tradition, Propolia® will offer you very soon three fondant massage balms as an organic product so that you can relax in a more natural way.

The softness of Beeswax is combined with a selection of beneficial oils for massages with different aromas either sweet, fruity or Oriental



## CIRCULATION BOOSTING COMPLEX

*An extra preventative action*

Benefit from the combination of Propolis and Red Vine to improve the sense of well-being. These capsules can be perfectly combined with the Gel for Lighter Feeling Legs.

**Main ingredients:** PROPOLIS, RED VINE, CASSIS.

80 capsules container - a 3 to 6 week use

*For whom?*

For people who wish to combine the external action of the Gel for Lighter Feeling Legs with a suitable dietary supplement.

*How?*

Take 3 tablets per day, preferably during meals for 25 days.

Ref: COMPCIRC

